

IMPOSSIBLE CHEAT SHEET

5 things to know before you step on court.

5 minutes to learn. Warm up. Then play.

WHAT YOU NEED



4 PEOPLE
YOU + 3 MORE



PADEL BALLS
NOT TENNIS BALLS



COURT SHOES
PROPER SOLES

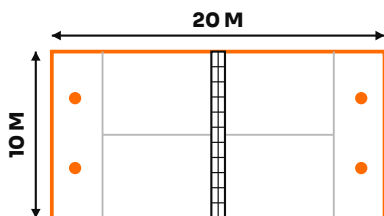


PADEL RACKET
WRIST CORD ON

01 — COURT

10 × 20 M • 2 VS 2 • WALLS INCLUDED

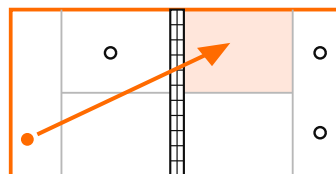
Padel is played as doubles, on an enclosed court. Once the ball has bounced in the court, the glass and the fence come into play.



02 — SERVE

UNDERARM • BOUNCE FIRST • DIAGONAL

Bounce the ball and hit it at or below waist height. Serve diagonally into the opposite box. The ball must land in the service box first.



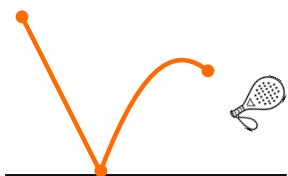
BOX
= OK
BOX → GLASS
= OK
BOX → FENCE
= NO

03 — BOUNCE

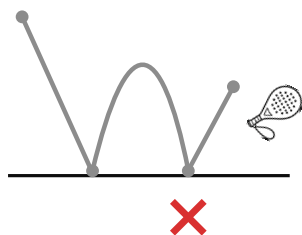
ONE BOUNCE MAXIMUM

You can volley the ball (never on the return of serve) or play it after a single bounce.

1 BOUNCE



2 BOUNCES

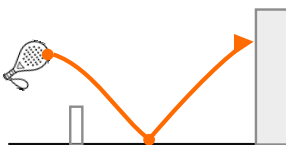


04 — WALLS

FLOOR FIRST. THEN THE WALL.

If the ball bounces on the floor first and then hits walls, it stays in play. If it hits the opponents' walls directly, before bouncing, it is out.

IN PLAY



OUT



After your shot you can use YOUR glass to send it over: that is the contrapared. Your own fence is a fault.

05 — SCORING

15 • 30 • 40 • GAME

Scoring works just like tennis.

6 GAMES = 1 SET

AT 6-6 → TIE-BREAK

MATCH = BEST OF 3 SETS

15



30



40



GAME

40 - 40

ADVANTAGE

You need two points in a row to close it.

GOLDEN POINT

A single point decides the game. The receiver picks the side.

THAT'S ENOUGH. GO PLAY.

#PADElimpossible

Want more? → padelimpossible.com/en/padel-onboarding/

